



The Way of the Superior Man*

By

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What is your true purpose in life? What do women really want? What makes a good lover? If you're a man reading this, you've undoubtedly asked yourself these questions—but you may not have had much luck answering them. Until now.

1. Stop hoping for completion in life

Most men make the error of thinking that one day it will be done. They think, “If I can work enough, then one day I could rest.” Or, “One day my woman will understand something and then she will stop complaining.” Or, “I’m doing this now so one day I can do what I really want with my life.” The masculine error is to think that eventually things will be different in some fundamental way. They won’t. It never ends. As long as life continues, the creative challenge is to tussle, play and make love with the present moment while giving your unique gift.

2. Live as if your father were dead

A man must love his father and yet be free of his father’s expectations and criticism in order to be a freeman.

3. Never change your mind just to please a woman

If a woman suggests something that changes a man’s perspective. But he should never betray his own deepest knowledge and intuition in order to please his woman or “go along” with her. Both she and he will be weakened by such an action. They will grow to resent each other, and the crust of

accumulated inauthenticity will burden their love, as well as capacity for free action.

4. Your purpose must come before your relationship

Every man knows that his highest purpose in life cannot be reduced to any particular relationship. If a man prioritize his relationship over his highest purpose, he weakens himself, disserves the universe, and cheats his woman of an unauthentic man who can offer her full, undivided presence.

5. Lean just beyond your edge

In any given moment, a man growth is optimized if he leans just beyond his edge, his capacity, his fear. He should not be too lazy, happy stagnating in the zone of security and comfort. Nor should he push far beyond his edge, stressing himself unnecessary, unable to metabolize his experience. He should just lean slightly beyond the edge of fear and discomfort. Constantly. In everything he does.

6. If you don't know your purpose, discover it now

Without a life-purpose a man is totally lost, drifting, adapting to events rather than creating events. Without knowing his life-purpose a man lives a weakened impotent existence, perhaps eventually becoming even sexually impotent, or prone to mechanical and disinterested sex.

7. Be willing to change everything in your life

A man must be prepared to give 100% to his purpose, fulfill his karma or dissolve it, and then let go of that specific form of living. He must be capable of not know what to do with his life, entering a period of unknowingness and waiting for a vision or a new form of purpose to emerge. These cycles of strong specific action followed by periods or not knowing what the hell is going on are natural for a man who is shredding layers of karma in his relaxation into truth.

8. Don't use your family as an excuse

If a man never discovers his deepest purpose, or if he permanently compromises it and uses his family as an excuse for doing so, then his core becomes weakened and he loses depth and presence. His woman loses trust and sexual polarity with him, even though he may be putting much energy into parenting their children and doing the house the housework. A man should, of

course, be a full participant in caring for children and the household. But if he gives up his deepest purpose to do so ultimately, everyone suffers.

9. Don't get lost in tasks and duties

Whatever's the specifics of a man's purpose, he must always refresh the transcendental element of his life through regular meditation and retreat. A man should never get lost in the details of his life and forget that, ultimately and in truth, life amounts to nothing other than what is the deepest truth of this present moment. Tasks don't get a man anywhere more conscious or free than he is capable of being in the present moment.

10. Don't force the feminine to make decisions

A man abandons responsibility by expecting that his woman will always make her own decisions and then be accountable for the result. This expectation is a withholding of his masculine gift. It puts a woman in the position of magnifying her own masculine. It is good for some women to learn to animate their masculine capacity to make a decision and stick with it. But if a man abnegates his responsibility to provide his woman with the gift of masculine clarity and decisiveness, then she will become chronically sharp, angular, and distrustful of his love. She will cease surrendering in love with him, cease trusting his masculine capacity, and instead, become her own man.

11. What she wants is not what she says

Sometimes a woman will make a request of her man in plain English, not to get him to do something, but to see if he is so weak that he will do it. In other words, she is testing his capacity to do what is right, not what she is asking for. In some cases, if the man does what his woman asks, she will be disappointed and angry. He must remember that her trust is engendered not by him fulfilling her requests, but by him magnifying love, consciousness, and success in their lives, in spite of her requests.

12. She doesn't really want to be number one

A woman sometimes seems to want to be the most important thing in the man's life. However, if she's the most important thing, then she feels her man has made her the number one priority and is not fully dedicated or directed to divine growth and service. She will feel her man's dependence on her for his happiness, and this will make her feel smothered by his neediness and clinging. A woman really wants her man to be totally dedicated to his

highest purpose and also to love her fully. Although she would never admit it, she wants to feel that her man would be willing to sacrifice their relationship for the sake of his highest purpose.

13. She wants to relax in the demonstration of your direction

A woman must be able to trust you to take charge if she relaxes her own masculine edge. This is true financially, sexually, emotionally, and spiritually. The man doesn't have to actually do all the work, but he must be able to steer the course if his woman is to relax her feminine without fear.

Quotes:

"If you are waiting for anything in order to live and love without holding back, then you suffer."

"Every moment waited is a moment wasted...."

"But if we are truly happy inside, then age brings with it a maturity, a depth, and a power that only magnifies our radiance."

"The way a man penetrates the world should be the same way he penetrates his woman: not merely for personal gain or pleasure, but to magnify love, openness, and depth."

"You are only punishing yourself when you want to be in a relationship with a woman more than she wants to be in a relationship with you."

"A fearful man who knows he is fearful is far more trustable than a fearful man who isn't aware of his fear."

"One of the deepest feminine desires in intimacy is precisely not to have to always figure it out for her man and guide him."

"Your fear is the sharpest definition of yourself. You should know it. You should feel it virtually constantly. Fear needs to become your friend, so that you are no longer uncomfortable with it."

"Every moment of your life is either a test or a celebration"

Source:

https://www.goodreads.com/author/quotes/18455.David_Deida